



# RIDGEWOOD

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## PUBLIC SCHOOLS

EDUCATION CENTER • 49 COTTAGE PLACE • RIDGEWOOD NJ • 07451

Contact: Debra Anderson, Public Information Officer, 201-670-2700, ext. 10555  
[danderson@ridgewood.k12.nj.us](mailto:danderson@ridgewood.k12.nj.us)

### FOR IMMEDIATE RELEASE

**April 19, 2017** – The district’s Wellbeing Series concludes on Tuesday, May 23 with medical doctor and author Kenneth Ginsburg from The Children’s Hospital of Philadelphia.

Dr. Ginsberg, a pediatrician specializing in adolescent medicine, will speak to parents and guardians at 9:30 a.m. on the topic, “Fostering Resilience,” and again at 7 p.m. on “Authentic Success.”

The morning program will focus on an overview of communication strategies known as the Seven C’s Model of Resilience, a model that positions parents to be a positive presence in their children’s lives. This program will take place at the Ridgewood Public Library Auditorium, located at 125 North Maple Avenue.

The theme of the evening program will be on fostering high achievement in children while instilling a love of learning over a fear of failure. This talk will take place at George Washington Middle School Auditorium.

The programs are free and open to the adult public.

The 2016-2017 Wellbeing Series, developed for parents, guardians and the Ridgewood adult public by the district’s Office of Curriculum, Instruction and Assessment, is a component of the Ridgewood Public Schools Community Outreach Program, which strives to help parents and guardians create balance in children’s lives and support their emotional health. This year’s series is co-sponsored by The Valley Hospital, with support from The (Ridgewood Education) Foundation and the district’s Home and School Associations.

For more information, please contact the office of the Assistant Superintendent for Curriculum, Instruction and Assessment at 201-670-2700, ext. 10532 or email [clabenda@ridgewood.k12.nj.us](mailto:clabenda@ridgewood.k12.nj.us).

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